

**Resources for the Comprehensive Geriatric Assessment based
Proactive and Personalised Primary Care of the Elderly**

NODS-PERC

Purpose : Brief 4 question screen for problem and pathological gambling

Admin time : 1-3 min

User Friendly : High

Administered by : GP or nurse

Content : 4 Questions pertaining to gambling
Preoccupation, **E**scape, **R**isked Relationships, and **C**hasing

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<https://www.cgakit.com/nods-perc>

The NODS-PERC*

Short Problem Gambling Screen

Have there ever been periods lasting 2 weeks or longer when you spent a lot of time thinking about your gambling experiences or planning out future gambling ventures or bets ?

 Yes No

Have you ever gambled as a way to escape from personal problems ?

 Yes No

Has there ever been a period when, if you lost money gambling one day, you would return another day to get even ?

 Yes No

Has your gambling ever caused serious or repeated problems in your relationships with any of your family members or friends ?

 Yes No

If “Yes” to one or more questions, further assessment is advised.

* Volberg, R. A., Munck, I. M., & Petry, N. M. (2011). A quick and simple screening method for pathological and problem gamblers in addiction programs and practices. *The American Journal on Addictions*, 20, 220–227.