

BPGS-5

Brief Problem Gambling Screen (5 item)

Purpose : Brief 3 question screen for problem and pathological gambling

Admin time : 3-5 min

User Friendly : High

Administered by : GP or nurse

Content : 5 Questions pertaining to gambling

Author : Volberg, R. A., & Williams, R. J. (2011)

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<https://www.cgakit.com/bpgs-5-item>

BPGS-5*

Brief Problem Gambling Screen (5 item)

In the past 12 months:	Yes	No
1. Would you say you have been preoccupied with gambling?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you needed to gamble with larger amounts of money to get the same feeling of excitement?	<input type="checkbox"/>	<input type="checkbox"/>
3. Have you often gambled longer, with more money, or more frequently than you intended to?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you made attempts to either cut down, control, or stop gambling?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you borrowed money or sold anything to get money to gamble?	<input type="checkbox"/>	<input type="checkbox"/>

A "yes" to *any* of the questions means that the person is at risk for developing a gambling problem.

Consider proceeding to full screen to assess risk level.

* Volberg, R. A., & Williams, R. J. (2011). *Developing a brief problem gambling screen using clinically validated samples of at-risk, problem and pathological gamblers*. Edmonton: Alberta Gaming Research Institute.