

## CAGE Questionnaire for Smoking

**Purpose :** The CAGE questionnaire is used to test for alcohol abuse and dependence in adults. The CAGE Questionnaire for Smoking version of the tool has been adapted from the CAGE questionnaire for alcohol.

**Admin time :** 1-3 min

**User Friendly :** High

**Administered by :** GP or nurse

**Content :** Questions pertaining to tobacco use (CAGE)

**Author :**

CAGE for alcohol : Ewing J, 1984

CAGE for smoking : unknown

**Copyright :**

The original 1995 article bearing the CAGE questions appeared in the **Wisconsin Medical Journal**.

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<https://www.cgakit.com/smoking-in-late-life>

# CAGE Questionnaire for Smoking

Name : \_\_\_\_\_

Date : \_\_\_\_\_

Assessed by : \_\_\_\_\_

Directions: Ask your patients these four questions and use the scoring method described below to determine if substance abuse exists and needs to be addressed.

## CAGE Questions

		YES	NO
<b>C</b>	Have you ever felt a need to <b>C</b> ut down or control your smoking, but had difficulty doing so ?		
<b>A</b>	Do you ever get <b>A</b> nnoyed or angry with people who criticize your smoking or tell you that you ought to quit smoking ?		
<b>G</b>	Have you ever felt <b>G</b> uilty about your smoking or about something you did while smoking ?		
<b>E</b>	Do you ever smoke within half an hour of waking up ( <b>E</b> ye-opener) ?		
<b>Total</b>			

Scoring:

Item responses on the CAGE are scored 0 for "no" and 1 for "yes" answers.

A higher score is an indication of alcohol problems.

A total score of 2 or greater is considered clinically significant.

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Brown, R.L., and Rounds, L.A. Conjoint screening questionnaires for alcohol and drug abuse.

Wisconsin Medical Journal 94:135-140, 1995.

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