

Resources for the Comprehensive Geriatric Assessment based Proactive and Personalised Primary Care of the Elderly

Pain Scale

Purpose: Evaluation of severity of pain.

Admin time: 5 min

User Friendly: High

Administered by: Primary carer or Self-administered

Content: Numeric scale, Verbal scale, Facial scale, Activity tolerance scale,

for the rating of pain

Author: -

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https://www.cgakit.com/m-5-pain-numeric-scale

Date

PAIN SCALE

numeric	0 1	2	3 4	5 6 7	8	9 10
verbal	NO PAIN	MILD PAIN	MODERATE PAIN	MODERATE PAIN	SEVERE PAIN	WORST PAIN POSSIBLE
facial	OS Alert Smiling	No humor serious flat	Furrowed brow pursed lips breath holding	Wrinkled nose raised upper lips rapid breathing	Slow blink open mouth	Eyes closed mouning crying
activity tolerance	NO PAIN	CAN BE IGNORED	INTERFERES WITH TASKS/SLEEP	INTERFERES WITH CONCENTRATION	INTERFERES WITH BASIC NEEDS	BEDREST REQUIRED